

Abstract

Medical skin patches for treating colds by releasing essential oils through evaporation comprise a backing layer permeable to gas and water vapour and a hydrophile and pressure-sensitive adhesive polymer matrix connected thereto, said matrix containing the following:

at least one essential oil, at least one hydrophile polymer, at least one substance having an adsorbent effect or/and at least one substance having an emulsifying effect, and at least one pressure-sensitive adhesive polymer, with the water content of said matrix being less than 5% by weight, preferably less than 1% by weight.